Catholic Palliative Care Services

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CARE PLANS: THE IMPORTANCE OF FAMILIAL SUPPORT AND CULTURAL INCLUSION

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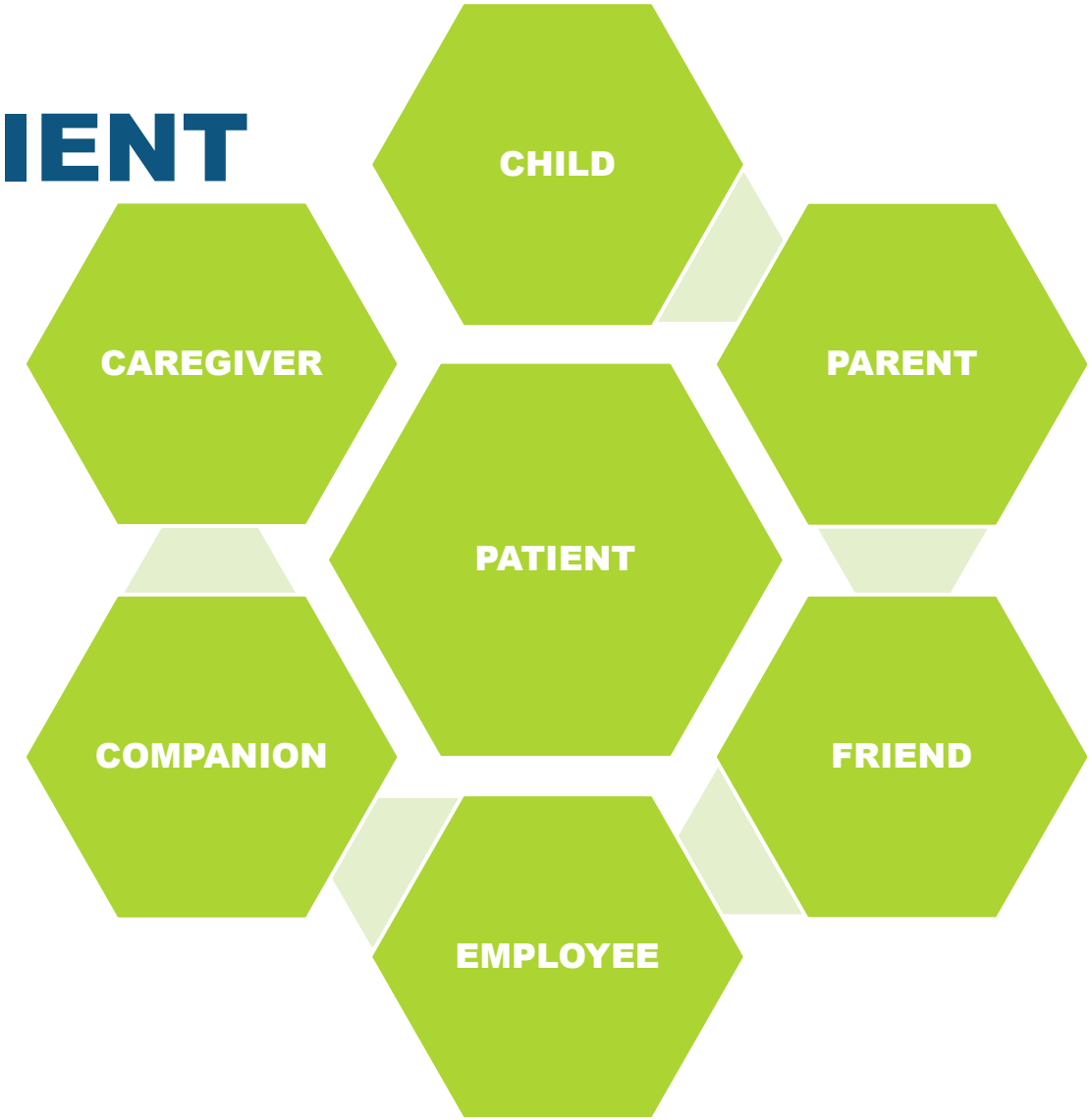
Objectives

DEVELOP	PARTICIPANTS WILL DEVELOP AN INCREASED AWARENESS OF THE IMPACT FAMILY AND CULTURE PLAYS ON TREATMENT
UNDERSTAND	PARTICIPANTS WILL UNDERSTAND THE IMPORTANCE OF FAMILY HEALTH DETERMINANTS
LEARN	PARTICIPANTS WILL LEARN HOW TO INCORPORATE A PATIENTS FAMILY AND THEIR CULTURE INTO CARE PLANS
FORMULATE	PARTICIPANTS WILL FORUMULATE QUESTIONS THAT INCORPORATE FAMILIAL AND CULTURAL DYNAMICS

THE PATIENT


CHILD
CAREGIVER
PARENT
PATIENT
COMPANION
FRIEND
EMPLOYEE

CARE PLANS

- **Care Plans include:**
  - **Assessment**
  - **History**
  - **Diagnosis**
  - **Treatment plan**
  - **Interventions**
  - **Rationale**
  - **Evaluation**

FAMILY AND CULTURE

- **Family**
  - **A complex elusive dynamic comprised of multiple individuals joined by blood or otherwise functioning primarily as an emotional system.**
  - **Rules, norms, roles and behaviors.**
- **Culture**
  - **Identified characteristics to include thought and behavior of a particular group of people.**
  - **Cultivated by language, religion, social acceptances, food and other shared experiences amassed over time.**

ECONOMIC IMPACT OF NONCOMPLIANCE TO CARE PLAN

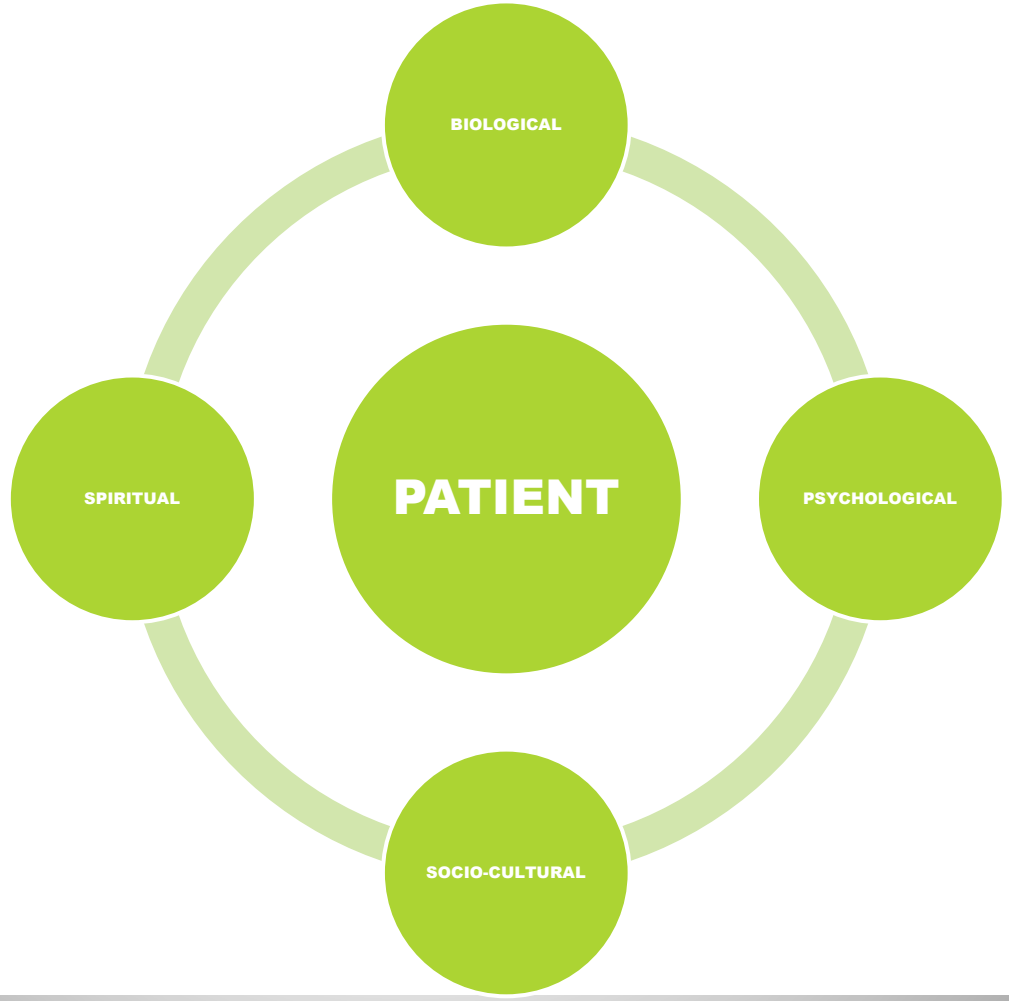
NON-COMPLIANCE

SOCIO-ECONOMIC FACTORS

NON-ADHERENCE

RISKS

BIOPSYCHOSOCIAL-SPIRITUAL MODEL OF CARE



FAMILY HEALTH AND WELL-BEING

- **Family Health**
  - **Healthcare providers gain a multi-dimensional perspective of how each influences the other and act in and between each other.**
  - **Allows the opportunity to understand how treatment and disease is interpreted and reinforced by patient and family members.**
- **Family Health Promotion**
  - **Aides in reducing risks by allowing healthcare providers to address perceptions of illness and treatment.**
  - **Enhances patient and family awareness of the illness progression leading to compliance.**

BENEFITS OF CULTURAL COMPETENCE

Cultural Competence

- **In healthcare it is the ability of healthcare providers to respect diversity and the culture with those who they serve while developing an understanding of how the illness is viewed historically and culturally to gain awareness of how traditionally the illness might have been treated or viewed.**

ADDRESSING SOCIAL DETERMINANTS OF HEALTH

JOB INSECURITY/ AFFORDABILITY OF CARE

MISUNDERSTANDING/ REGIMENT OF CARE

SOCIALIZATION/ ISOLATION

INSECURITIES/ HOUSING/TRANSPORTATION

SOCIAL DETERMINANTS OF HEALTH FACTORS

ECONOMIC INSTABILITY
- INCOME
- MEDICAL BILLS

PHYSICAL ENVIRONMENT
- NEIGBORHOOD
- SAFETY

EDUCATION
- LITERACY
- LANGUAGE

NUTRITION
- FOOD
- ACCESS

SOCIAL CONTEXT
- SUPPORT SYSTEM
- DISPARITIES (RACIAL/ETHNIC)

HEALTH CARE EXPERIENCE
- COVERAGE
- PERCEPTION OF QUALITY

ENGAGING FAMILY AND CULTURE

BUILD RAPPORT

LAY TERMS

SHOW OR DRAW PICTURES

TEACH-BACK

ENCOURAGE QUESTIONS

FAMILIAL AND CULTURAL PROMPTING QUESTIONS

Is there a family history?	What was the course of treatment?	How were the decisions made?
What are your thoughts on treatment options presented?	Who helps you make health decisions?	How will you know if we need to move to a different treatment option?
Are there any remedies you have used, or you have heard of any that has been helpful?	Is there anyone or others who should be here with you as we discuss your treatment?	Can you think of anything that would prevent you from following up with treatment?

Eliciting Conversations

Initial Assessment

Perception of illness and treatment plan

Cultural meaning and compliance

Ongoing Treatment

Assess course of treatment

Allow for concerns and changes to be discussed

Dialogue on Transitions of Care

Future follow up visits

End of life discussions

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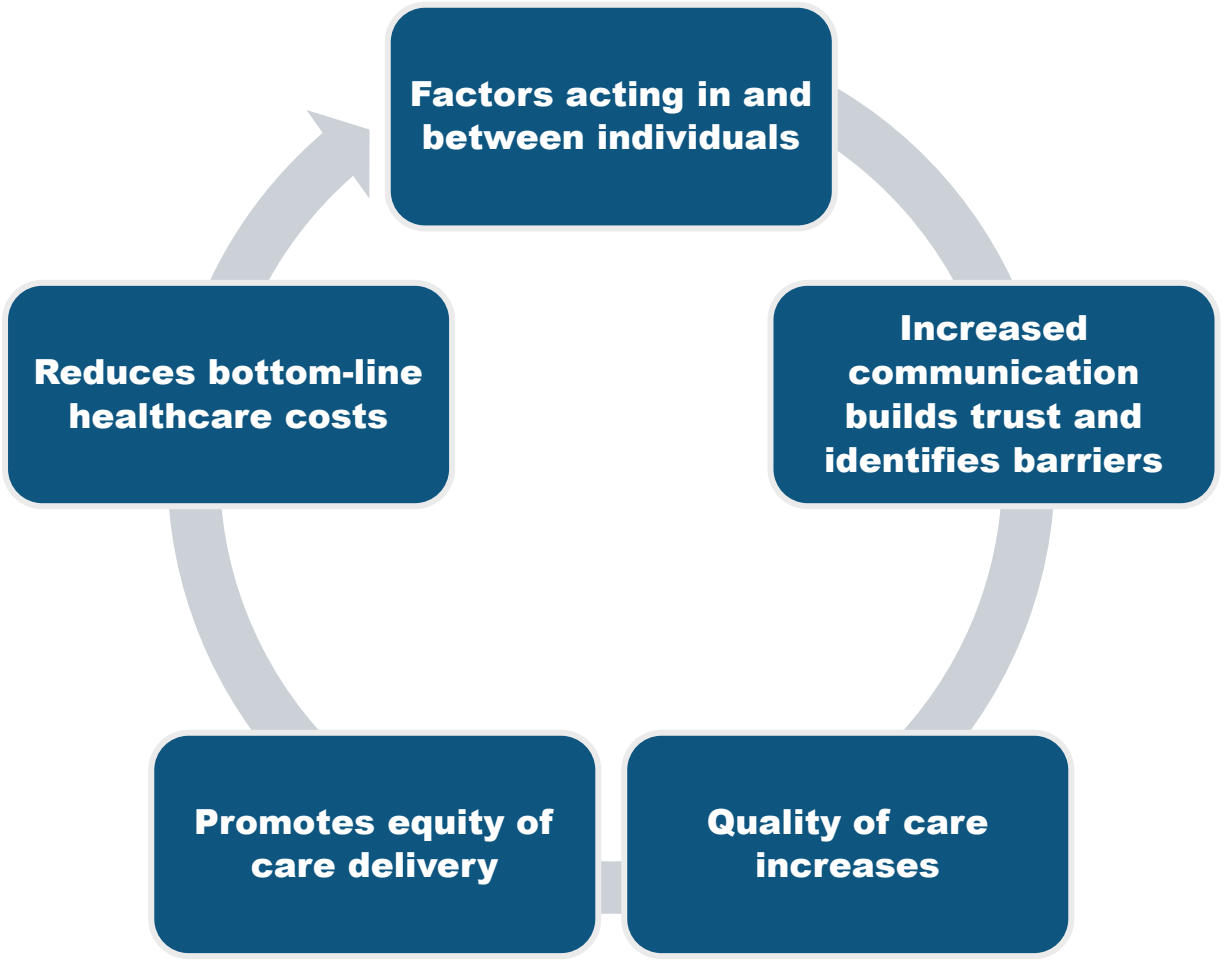
ADDITIONAL INFORMATION ON CARE PLANS

Inclusive Care Plans

- **Additional Information on Care Plans include:**
  - **Interpretation of Illness**
  - **Cultural treatment options**
  - **Patient and Family understanding of illness**
  - **Incorporation of beliefs into treatment**
  - **Highlight barriers to care**

RECAP


Factors acting in and between individuals
Increased communication builds trust and identifies barriers
Quality of care increases
Promotes equity of care delivery
Reduces bottom-line healthcare costs

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