

Event Agenda

Below is the event agenda with all of the details you need, including attire.

Monday, February 5th, 2024

Attire: Business Casual in Blue or Neutral Colors

All of today's activities take place at: Washington Plaza Hotel
10 Thomas Circle NW Washington, DC 20005

9:00am – 3:00pm: Advocate Fly-In & Arrival

12:00pm – 3:00pm: Lunch Buffet

3:30pm – 3:35pm: Welcome by Michael Ehren, DDF Board President

3:35pm – 4:05pm: PRCRP Presentation by Julia Huiberts

4:05pm – 5:30pm: Advocacy Training

5:30pm – 6:30pm: Break

6:30pm – 8:30pm: Advocate Dinner (including Group Photo)

Tuesday, February 6th, 2024– Capitol Hill Advocacy Day

*Attire: Business Professional in Blue or Neutral Colors. We suggest wearing comfortable walking shoes and avoiding wearing a belt. **WEAR YOUR PERIWINKLE SCARVES!***

7:00am – 7:45am: Breakfast and Last Minute Training Tips for the Advocates Location:
Washington Plaza Hotel
10 Thomas Circle NW Washington, DC
20005

7:45am: Depart for Capitol Hill

8:15am: Group, State, and Individual Photos on the steps of Capitol Hill

9:00am - 5:00pm: Advocacy Meetings on Capitol Hill

Lunch on your own

5:00pm – 6:30pm: Capitol Hill Cocktail Reception
Location: Capitol Hill Visitors Center - Room HVC 201AB

6:30pm – 7:30pm: Travel back to Washington Plaza Hotel

7:30pm – 8:00pm: Break

8:00pm - 10:00pm: Advocacy Celebration Dinner Location:
Washington Plaza Hotel
10 Thomas Circle NW Washington, DC
20005

Wednesday – February 7th, 2024 – 2nd Annual Advocate Retreat

Attire: Comfy Casual in Blue or Neutral Colors

All of today's activities take place at: Washington Plaza Hotel
10 Thomas Circle NW Washington, DC 20005

8:00am – 8:45am: Breakfast & Bonding

8:45am – 9:00am: Tribute Moment

9:00am – 10:00am: Presentation #1: Art Therapy with Dr. Emily Lipson

10:00am – 11:00am: Presentation #2: Nutrition with Mary Eve Brown

11:00am – 11:15am: Break

11:15am – 12:15pm: Presentation #3: Integrative Medicine with Dr. Mike Cusnir

12:15pm – 1:00pm: Lunch & Bonding

1:00pm – 2:00pm: Presentation #4: Cooking Demonstration by Chef Nathan Lyon

2:00pm – 5:00pm: Advocate Departure

Stay Tuned!

We will be sending out updates over the next few days with exciting information and reminders about the event. Please check your email regularly.

We look forward to seeing you next month in Washington, DC!