



AGENDA

SUNDAY

FEBRUARY 23, 2025

Attire: Casual or Cocktail Chic (You Decide)

HOTEL INFO	WASHINGTON PLAZA HOTEL ↘ 10 Thomas Circle NW Washington, DC 20005
ALL DAY	ADVOCATES ARRIVE!
5:30 PM - 7:00 PM	REGISTRATION & WELCOME RECEPTION ↘ Room: Thomas Circle Suite & Foyer
REMINDERS	<ul style="list-style-type: none">• DDF Merch Store will be open throughout the event. See Mark to make your purchase.• Don't forget to stop by the photo opp and take some selfies• Don't forget to film your story!<ul style="list-style-type: none">◦ See Brittnay for available filming times if you haven't already scheduled yours• The lounge will be open throughout the event for you to enjoy. Please be respectful to others in there by keeping your voices low.



3RD ANNUAL ADVOCATE RETREAT AGENDA

MONDAY

FEBRUARY 24, 2025

Attire: Casual & Comfortable
(Wear DDF Shirts/Hoodies If You Have Them!)

7:30 AM	REGISTRATION ↳ Room: Foyer
8 - 9 AM	BREAKFAST BUFFET ↳ Room: Foyer & Grand Ballroom

↳ ADVOCACY DAY TRAINING

All Sessions Are In the Grand Ballroom

9:10 - 10 AM	Welcome Remarks <ul style="list-style-type: none">• Andrea Eidelman, CEO - Debbie's Dream Foundation: Curing Stomach Cancer Explaining Stomach Cancer to the Hill <ul style="list-style-type: none">• Lawrence Wu, MD, Hematology/Oncology Fellow, Columbia University Our Ask to Congress <ul style="list-style-type: none">• Megan Gordon Don, DDF Policy Consultant, President & CEO, MGD Strategies LLC
10 AM	Break - Refreshments Are Available
10:15 AM	Bringing It All Together <ul style="list-style-type: none">• Christopher Kush, CEO, Soapbox Consulting
11:15 AM	Q&A
11:30 AM	Lunch Buffet - Foyer & Grand Ballroom

12:10 PM	Retreat Opening Remarks and Introduction of Cancer Care Facilitators: <ul style="list-style-type: none"> • Danielle Staff, LCSW, <i>Older Adult Program Manager, Cancer Care</i> • Sarah Whelan, LMSW, <i>Internship Program Coordinator, Cancer Care</i> • Laurie Feingold, LMSW, <i>Oncology Social Worker, Cancer Care</i>
12:15 - 1:15 PM	Workshop 1: Growth Through Adversity: Finding Meaning During and After Cancer <ul style="list-style-type: none"> • Breakout 1: Navigating Relationships - <i>Room: Grand Ballroom</i> • Breakout 2: Rebuilding Self-Identity - <i>Room: National A</i> • Breakout 3: Self-Care and Resilience - <i>Room: National B</i>
1:15 PM	Break - Refreshments Are Available
1:30 - 2:30 PM	Workshop 2: Finding Strength in the Storm: Coping With Fear & Grief <ul style="list-style-type: none"> • Breakout 1: Facing Fear and Anxiety - <i>Room: Grand Ballroom</i> • Breakout 2: Navigating Loss and Grief - <i>Room: National A</i> • Breakout 3: Finding Meaning Beyond Grief - <i>Room: National B</i>
2:30 PM	Wrap-Up and Sharing - Grand Ballroom
3 PM	Break - Refreshments Are Available
3:15 - 4:15 PM	Yoga with June <ul style="list-style-type: none"> • June Rempel, Stage 3 Cancer Survivor, 200 YTT Certified - <i>Room: National Ballroom</i> Art Therapy with Emily <ul style="list-style-type: none"> • Emily Lipson, LPC and Registered Art Therapist • Room: Grand Ballroom Other Options: <ul style="list-style-type: none"> • Take a walk with friends • Spend time in the lounge • Take a nap
4:15 PM	Learn about Grassroots advocacy and how you can be involved. <ul style="list-style-type: none"> • Brian Rubenstein, President, <i>Rubenstein Impact Group</i>
5 PM	Retreat Ends - Take A Break!
6 PM	Advocate Awards Dinner Buffet - Foyer & Grand Ballroom



13TH ANNUAL CAPITOL HILL ADVOCACY DAY AGENDA

TUESDAY

FEBRUARY 25, 2025

Attire: Business Professional - Blue or Neutral Colors
We suggest wearing comfortable walking shoes and avoid wearing a belt.
Wear your DDF Scarves!

6:45 AM	Registration Opens in Foyer Breakfast Buffet
7:45 AM	Busses depart from the hotel to the Capitol
8:15 AM	Group Photos on Capitol Hill
9:00 AM - 5:00 PM	Congressional Meetings • Lunch on your own
5:00 - 6:30 PM	Capitol Hill Reception - HVC (House Visitor's Center) 201 • Meet our Congressional Award Winners
7:00 PM	Advocate Celebration Dinner Buffet - Foyer & Grand Ballroom

